

Academic

- Do your academics show you are prepared for the rigor of a health professional program?
- Have you grown in your approach to learning?
- Can others speak to your proficiency and growth academically?

Career

- Are you prepared to enter this field?
- Do you feel you understand your chosen career field?
- Do your experiences, interests, skills and values align with this career?

Personal

- What makes you who you are?
- Why are you a good fit for your health profession?
- What in your life has led you to this point?
- What do you consider to be your core values?

- Prerequisites
- GPA
- Science GPA
- Academic trends
- Entrance exams
- Letters of recommendation

- Clinical experiences
- Shadowing
- Knowledge of profession
- Patient interaction
- Career exploration
- Service
- Research

- Personal growth
- Cultural competence
- Service orientation
- Life experience
- Resiliency
- Personal background
- Values
- Maturity



Academic

- What courses are you taking this semester?
- Do you have goals for this semester?

Career

- What clinical volunteer/work experiences interest you?
- What parts of the field do you still want to explore?

Personal

- What new things have you learned this semester?
- What have you been reflecting on?

